

Richmond Road Races 2015 - 5K Results

Male	Female	Time	Pace	Bib	Name	City	Category	Posn
1		0:18:44	3:45	332	Harold Walker	Ottawa	M 50-59	1 of 13
2		0:18:52	3:46	307	Glen Robinson	Ottawa	M 40-49	1 of 4
3		0:18:55	3:47	287	Marc Molgat	Gatineau	M 40-49	2 of 4
4		0:19:04	3:49	312	Kevin Shoom	Ottawa	M 40-49	3 of 4
5		0:19:23	3:53	344	Colin Runions	Ottawa	M 40-49	4 of 4
6		0:20:43	4:09	259	Greg Killough	Ottawa	M 30-39	1 of 6
7		0:20:57	4:11	251	Phillip Hirschmann	Ottawa	M 30-39	2 of 6
8		0:21:05	4:13	323	John Tegano	Ottawa	M 50-59	2 of 13
9		0:21:13	4:15	290	Tyler Motiuk	Ottawa	M 20-29	1 of 6
10		0:21:14	4:15	246	Chris Godwin	Ottawa	M 30-39	3 of 6
11		0:21:19	4:16	240	Kyle Fitzmorris	Maitland	M 14+Un	1 of 2
	1	0:21:26	4:17	223	Melanie Clement	Kanata	F 30-39	1 of 12
12		0:21:28	4:18	271	Bernard Leveille	Ottawa	M 50-59	3 of 13
13		0:21:53	4:23	284	Douglas McLean	Ottawa	M 50-59	4 of 13
	2	0:21:56	4:23	262	Joanne Kurtz	Ottawa	F 30-39	2 of 12
	3	0:22:21	4:28	213	Alana Bonner	Pincourt	F 30-39	3 of 12
14		0:22:22	4:28	338	Jesse Wetzl	Ottawa	M 20-29	2 of 6
	4	0:22:39	4:32	289	Michele Motiuk	Ottawa	F 50-59	1 of 30
15		0:22:41	4:32	306	Mel Roberts	Manotick	M 50-59	5 of 13
	5	0:22:55	4:35	275	Olivia Macaskill	Kanata	F 14+Un	1 of 2
	6	0:22:58	4:36	274	Kim Macaskill	Kanata	F 40-49	1 of 15
16		0:23:01	4:36	220	Clark Carvish	Nepean	M 50-59	6 of 13
17		0:23:04	4:37	343	Jakob Mitchell	Ottawa	M 15-19	1 of 1
18		0:23:06	4:37	206	Rick Balderson	Nepean	M 50-59	7 of 13

	7	0:23:21	4:40	273 Heather Lewis	Ottawa	F 50-59	2 of 30
19		0:23:27	4:41	261 Alex Knuckey	Ottawa	M 30-39	4 of 6
	8	0:23:55	4:47	239 Jesse Elliott	Nepean	F 30-39	4 of 12
20		0:23:58	4:48	253 Ian Hunter	Chelsea	M 60-69	1 of 7
	9	0:24:17	4:51	254 Krista Ielo	Kanata	F 30-39	5 of 12
	10	0:24:22	4:52	301 Bev Prokopowich	Ottawa	F 50-59	3 of 30
21		0:24:42	4:56	215 Darrell Bridge	Ottawa	M 30-39	5 of 6
	11	0:24:45	4:57	348 Louise Hamelin	Ottawa	F 50-59	4 of 30
	12	0:24:48	4:58	285 Jenny Miller	Richmond	F 20-29	1 of 8
22		0:24:49	4:58	226 Daniele Costanzo	Ottawa	M 20-29	3 of 6
	13	0:25:00	5:00	263 Julie Kurtz	Ottawa	F 30-39	6 of 12
	14	0:25:09	5:02	210 Vicki Bencze	Ottawa	F 40-49	2 of 15
23		0:25:22	5:04	346 Peter R. Smith	Ottawa	M 50-59	8 of 13
	15	0:25:51	5:10	297 Dana Paquette	Ottawa	F 20-29	2 of 8
	16	0:25:54	5:11	342 Claire Menzel	Ottawa	F 15-19	1 of 3
24		0:25:59	5:12	303 Vikram Rai	Ottawa	M 20-29	4 of 6
	17	0:26:01	5:12	207 Linda Beehler	Ottawa	F 50-59	5 of 30
	18	0:26:03	5:13	295 Gloria Opzoomer	Balderson	F 60-69	1 of 19
25		0:27:02	5:24	310 Steven Schulz	Woodlawn	M 20-29	5 of 6
	19	0:27:09	5:26	212 Terri Bolster	Ottawa	F 60-69	2 of 19
26		0:27:10	5:26	336 Hugh Wilson	Dorval	M 70-79	1 of 3
27		0:27:42	5:32	281 Jack Marineau	Ottawa	M 60-69	2 of 7
	20	0:27:44	5:33	228 Carmen Davidson	Kanata	F 50-59	6 of 30
	21	0:27:46	5:33	256 Karen Jarvlepp	Ottawa	F 14+Un	2 of 2
28		0:27:51	5:34	304 Marc Rivest	Russell	M 20-29	6 of 6
29		0:27:59	5:36	255 Giorgio Imbrogno	Gatineau	M 60-69	3 of 7
30		0:28:00	5:36	288 Jacques Morvan	Kanata	M 60-69	4 of 7

31		0:28:02	5:36	334 Brian White	Ottawa	M 70-79	2 of 3
32		0:28:10	5:38	229 Mike Day	Nepean	M 80+Ov	1 of 1
	22	0:28:18	5:40	204 Jane Armstrong	Kanata	F 60-69	3 of 19
	23	0:28:48	5:46	305 Suzanne Rivest	Russell	F 50-59	7 of 30
	24	0:28:57	5:47	234 Jane Dodds	Carp	F 40-49	3 of 15
33		0:29:03	5:49	267 Andy Ledger	Ottawa	M 50-59	9 of 13
	25	0:29:07	5:49	293 Krystal Nesseth	Kanata	F 20-29	3 of 8
	26	0:29:14	5:51	236 Liz Duncan	Carleton Place	F 20-29	4 of 8
	27	0:29:31	5:54	335 Janet White	Ottawa	F 60-69	4 of 19
	28	0:29:34	5:55	272 Bonnie Levesque	Carleton Place	F 50-59	8 of 30
	29	0:29:36	5:55	280 Josee Maillette	Ottawa	F 50-59	9 of 30
34		0:29:46	5:57	257 Geoff Jones	Ottawa	M 30-39	6 of 6
	30	0:29:52	5:58	292 Emily Nelson	Carleton Place	F 30-39	7 of 12
	31	0:30:06	6:01	286 Angela Milliken	Ottawa	F 50-59	10 of 30
35		0:30:09	6:02	243 Reg Francoeur	Edwards	M 60-69	5 of 7
	32	0:30:10	6:02	321 Diana Tallman	Kemptville	F 40-49	4 of 15
36		0:30:24	6:05	329 Shawn Thomson	Ottawa	M 50-59	10 of 13
	33	0:30:26	6:05	328 Brenda Thomson	Ottawa	F 50-59	11 of 30
	34	0:30:37	6:07	320 Amanda Strass	Stittsville	F 20-29	5 of 8
	35	0:30:39	6:08	232 Shannon Desormeaux	Orleans	F 40-49	5 of 15
	36	0:30:40	6:08	235 Elizabeth Du Vall	Stittsville	F 50-59	12 of 30
	37	0:30:43	6:09	282 Judy Marsh	Orleans	F 50-59	13 of 30
	38	0:30:55	6:11	242 Penny Foxwell	Merrickville	F 50-59	14 of 30
	39	0:31:22	6:16	237 Elsa Dzen	Richmond	F 30-39	8 of 12
	40	0:31:33	6:19	252 Sarah Hobbs	Perth	F 30-39	9 of 12
37		0:31:40	6:20	205 Brian Atherton	Ottawa	M 50-59	11 of 13
	41	0:31:46	6:21	203 Sandy Archibald		F 50-59	15 of 30

	42	0:31:49	6:22	244 Joanne Gage		F 60-69	5 of 19
	43	0:31:55	6:23	218 Jan Cameron	Edwards	F 60-69	6 of 19
	44	0:31:57	6:23	315 Donna Sorrell	Cobourg	F 40-49	6 of 15
	45	0:32:02	6:24	209 Jo-Anne Belliveau	Ottawa	F 60-69	7 of 19
	46	0:32:03	6:25	249 Rosie Harman	Ottawa	F 50-59	16 of 30
38		0:32:19	6:28	317 Will Starr	Merrickville	M 60-69	6 of 7
	47	0:32:32	6:30	300 Vicki Plant	Ottawa	F 50-59	17 of 30
39		0:32:43	6:33	291 Kevin Murphy	Ottawa	M 50-59	12 of 13
	48	0:32:51	6:34	318 Candace Stewart	Richmond	F 50-59	18 of 30
	49	0:33:07	6:37	324 Lalitha Tella		F 60-69	8 of 19
	50	0:33:18	6:40	208 Erin Bell	Ottawa	F 30-39	10 of 12
	51	0:33:36	6:43	202 Kallie Allen	Almonte	F 15-19	2 of 3
40		0:33:48	6:46	326 Rhys Temple	Richmond	M 14+Un	2 of 2
	52	0:33:49	6:46	325 Katie Temple	Richmond	F 40-49	7 of 15
	53	0:34:11	6:50	276 Anne Macdonald		F 50-59	19 of 30
	54	0:34:34	6:55	225 Valerie Conrod	Ottawa	F 30-39	11 of 12
	55	0:34:40	6:56	258 Shona Kemp	Nepean	F 40-49	8 of 15
	56	0:34:51	6:58	231 Debra Denault		F 50-59	20 of 30
	57	0:34:54	6:59	19 Kimberley Brigden	Nepean	F 50-59	21 of 30
	58	0:35:10	7:02	308 Angela Romany	Ottawa	F 60-69	9 of 19
	59	0:35:41	7:08	265 Donna Lambert	Kanata	F 50-59	22 of 30
	60	0:35:44	7:09	136 Veronica Player	Nepean	F 40-49	9 of 15
	61	0:36:14	7:15	60 Christine Gallagher	Metcalfe	F 50-59	23 of 30
	62	0:36:21	7:16	279 Sally Macinnis	Merrickville	F 60-69	10 of 19
	63	0:36:24	7:17	302 Angela Quinlan		F 60-69	11 of 19
	64	0:36:46	7:21	339 Tara Downey	Ottawa	F 40-49	10 of 15
	65	0:36:51	7:22	277 Crisitna Machado	Edwards	F 40-49	11 of 15

	66	0:37:16	7:27	238 Susan Ebsary	Rockland	F 50-59	24 of 30
	67	0:37:31	7:30	83 Randi Jewer	Ottawa	F 50-59	25 of 30
	68	0:37:38	7:32	248 Heather Hamann	Ottawa	F 50-59	26 of 30
	69	0:37:41	7:32	278 Kathryn Macinnis	Merrickville	F 20-29	6 of 8
	70	0:37:43	7:33	245 Sarah Gauthier	Nepean	F 20-29	7 of 8
	71	0:37:45	7:33	65 Ada Gorrie	Munster	F 60-69	12 of 19
	72	0:37:45	7:33	311 Anna Shannette	Ottawa	F 60-69	13 of 19
	73	0:37:46	7:33	333 Susan Wall		F 50-59	27 of 30
	74	0:37:51	7:34	61 Cheryl Gillies	Richmond	F 50-59	28 of 30
41		0:38:57	7:47	39 Henry Dore		M 60-69	7 of 7
	75	0:39:12	7:50	283 Jennifer Martin	Ottawa	F 40-49	12 of 15
	76	0:39:19	7:52	319 Francoise Stewart	Stittsville	F 60-69	14 of 19
	77	0:39:23	7:53	250 Brenda Highmore	Ottawa	F 30-39	12 of 12
	78	0:39:53	7:59	88 Liz Keighley	Nepean	F 50-59	29 of 30
	79	0:39:54	7:59	309 Tina Ryan	Nepean	F 60-69	15 of 19
	80	0:40:10	8:02	222 Sharon Chisholm		F 40-49	13 of 15
42		0:40:17	8:03	341 Paul Maclean	Ottawa	M 50-59	13 of 13
	81	0:40:19	8:04	340 Sharon Maclean	Ottawa	F 50-59	30 of 30
	82	0:40:39	8:08	345 Jennica Klasen	Ottawa	F 15-19	3 of 3
	83	0:41:32	8:18	316 Julie St-Denis	Ottawa	F 20-29	8 of 8
	84	0:41:39	8:20	217 Samantha Brooks	Carp	F 40-49	14 of 15
	85	0:43:20	8:40	241 Pamela Ford	Kanata	F 40-49	15 of 15
	86	0:43:24	8:41	221 Cathy Chalmers	Stittsville	F 60-69	16 of 19
	87	0:43:25	8:41	224 Claire Collis	Stittsville	F 70+Ov	1 of 2
	88	0:43:27	8:41	260 Colleen Kilty	Kanata	F 60-69	17 of 19
	89	0:44:55	8:59	216 Susan Brimmell	Kanata	F 60-69	18 of 19
43		0:46:19	9:16	227 Liam C Cullen	Brockville	M 70-79	3 of 3

90	0:48:11	9:38	247 Kristin Goff	Ottawa	F 60-69	19 of 19
91	0:49:13	9:51	347 Rosanne Wilson	Ottawa	F 70+Ov	2 of 2